

Alt-Mother's Day: How are you celebrating?

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GET OUT

Whether you are a mom, have a mom, have two moms, look up to the older woman down the street, or consider yourself to be your dog's mom, this month is all about the matriarch in your life. Mother's day is May 11, but we think you should take the whole month to get your appreciation on! (Ed. One of our moms made us write that).

Alternative Mother's Day

[ON-GOING]

Blackstone Valley Explorer: Experience the Blackstone River aboard the Blackstone Valley Explorer. On your cruises you may see swan, herons, geese, ducks, turtles, hawks and beautiful plants and trees. The tour guide will explain the ecology of the river and surrounding wetlands interspersed with stories about the people and history of the region. Sunday public tours take place on the hour between 1 and 4pm from May 4 - Oct. 19. Central Falls Landing, 45 Madeira Ave, Central Falls rivertourblackstone.com

Colt State Park: Treat mom to a picnic lunch and kite flying adventure at Colt State Park in Bristol. The entire western border of the park is an open panorama onto Narragansett Bay. Rich in history, it proudly displays ten large playfields, a historical museum, six picnic groves containing 400+ picnic tables, and its popular open-air Chapel-By-The-Sea. riparks.com

Explore Rhode Island: Walk, bike or stroll on bike trails located from northern to southern Rhode Island that provide some of the best scenery in the state. With over 60 miles of paved bike paths, and 120 miles of roadway that's most suitable for cycling, you have plenty of paths to choose from. dot.ri.gov/bikeri

BYO Improv Family-Friendly Comedy Show: This interactive improv show welcomes voluntary audience participation; great event for all ages. Reoccurring on Friday's Warwick Museum of Art 3259 Post Rd., Warwick 7pm bringyourownimprov.com

JMK Entertainment: Get mom out of her comfort zone and on to the pole—JMK offers various classes throughout the week ranging from pole dancing to belly dancing. 461 Main Street, Pawtucket jmkentertainment.com

Mindfulness Meditation: Learn to meditate and naturally grow your confidence, your mindful awareness, and compassion. Explore their programs designed to help people of all traditions discover their inherent sanity, gentleness, and humor. Shambhala Meditation Center of Providence 514 Pawtucket Ave., Providence 10am-12pm providence.shambhala.org

Newport Mansions: The Preservation Society of Newport County invites you to explore their 11 Newport Mansion properties, representing more than 250 years of social, architectural and landscape history in one of America's most historically intact cities. Through their historic properties, educational programs, and related activities, they engage the public in the story of America's vibrant cultural heritage. newportmansions.org

Providence Biltmore Spa: Massage, facials, nail treatments, and state-of-the-art hair and makeup; de-stress the woman you drive insane. The Spa at the Providence Biltmore, 11 Dorrance Street, Providence providencebiltmore.com

Providence River and Harbor Tour: The only boat tour offered on the Prov River. Relax while admiring the architecture, rich history and nautical points of interest around the capital (cocktail in hand) May 10th (recurring weekly on Sunday, Wednesday, Thursday, Friday, Saturday)

providenceriverboat.com

Rock Climbing: For all those alt-mamas out there—reach new heights (while working on those glutes) at indoor walls for those beginner to advanced.

Rock Spot, 100 Higginson Ave, Lincoln & 1174 Kingstown Rd, S Kingstown rockspotclimbing.com
Carabiner's Climbing & Fitness Center, 328 Parker Street, New Bedford carabiners.com
Ocean State Rock Climbing, 3 New England Way, Lincoln oceanstaterockclimbing.com

Rose Island Lighthouse: Listed in the National Register of Historic Places, the Rose Island Lighthouse museum is open to the public from 10am to 4pm each day. After it closes, the two museum bedrooms on the first floor become available for overnight "keepers" who want to step back in time to experience turn-of-the-century lighthouse life first-hand. If that's not for you, the Light Station area is open to the public year round. Rose Island, Newport roselandighthouse.org

Take the family for a jump in an indoor trampoline park. Sky Zone, 70 Pawtucket Ave, East Providence skyzone.com
Launch Trampoline Park, 105 Pace Blvd, Warwick warwicklaunch.com

Yoga at Hamilton House: Yoga is the art of uniting the body, mind, and soul. In a Kripalu Yoga experience you will stretch and tone your muscles, cultivate concentration and clarity, and encourage peace and self acceptance...and spend an hour away from the kids. Classes recur weekly on Fridays. Hamilton House Adult Learning Exchange 276 Angell Street, Providence 9am historic-hamilton.com



WEDNESDAY 7
Hera Gallery's 40th Anniversary Exhibition is celebrating their history and longevity by presenting work from all periods of their existence accompanied by statements from the artists setting their work and mission in context. The opening reception will be held from 5:30-7:30pm on Wednesday coinciding with May's Wednesday Night Westerly Arts Stroll. Exhibit May 7-31 Hoxie Gallery 44 Broad St. Westerly heragallery.org

FRIDAY 9
Toddler Try-It: Mother's Day Collage: Children, ages 18 months-3 years, explore the creative process as they learn through different hands-on art and science activities each Friday morning. This week, children can create colorful collages to celebrate Mother's Day. Providence Children's Museum 100 South Street, Providence, 10am-12pm childrensmuseum.org

Newport and The Bay Tour: A visit to the third oldest lighthouse in America, a narrated driving tour of Newport's favorite sights, time for lunch and shopping along Brick Market Place, a narrated tour of one of the Mansions, and a stop at a local farm with homemade ice cream. 1 Sabin Street, Providence 10am-5pm rieexperience.com

Paint-Pour-Eat-Drink: Eat, drink and be merry—and paint! No experience required. This is about FUN art, not fine art! The weekly guest artist will be a lively instructor who will guide you through the process step-by-step. Van Gogh Lounge 115 Harris Ave, Providence 7pm-10pm vangoghlounge.com

SATURDAY 10
Casey Farm Spring Seedling Sale: Start your culinary garden this spring with Rhode Island Certified Organic vegetable, fruit, and herb seedlings featured at Casey Farm's plant sale. Other items for sale include Vermont maple syrup, coffee, and fresh bakery items. Tour the museum and grounds and bring the kids for special children's activities. Casey Farm 2325 Boston Neck Rd, Saunterstown 9am-3pm historiconnewengland.org

Madeline Tea Party with Mom: Spend some quality time with the kids at the Madeline Tea Party. Enjoy finger foods alongside your choice of tea. The afternoon would not be complete without a reading of Madeline, a favorite of both young and old. Ocean House 1 Bluff Ave, Watch Hill, 3pm-5pm oceanhouseevents.com

Savoring Rhode Island Walking Tour: Federal Hill has been the center of business and culture for Providence's Italian population since the late 1800s. This walking tour visits traditional and modern bakeries, the wine shop that brought Italian wines and spirits to New England, butchers and poultry markets, and specialty food markets. Savoring Rhode Island 265 Atwellis Ave, Providence 9am-12pm savoringrhodeisland.com

SUNDAY 11
Roger Williams Park Zoo: Take the family for a wild time at the Zoo. Moms will enjoy free admission on Mother's Day, when attending with a paying child. Ice cream sundaes, eco-crafts and, of course, the animals. Roger Williams Zoo 1000 Elmwood Ave, Providence 11am-4pm rwzoo.org

Piano Music of the World: A Special Mother's Day Concert: The Jamestown Community Piano Association welcomes international classical pianist Manabu Takasawa, Associate Professor of Piano & Music at the University of Rhode Island, to close out its 12th season of free concerts with a program entitled Piano Music of the World. St. Matthew's Episcopal Church 2-3pm, 87 Narragansett Ave, Jamestown sonathewjamestown.org

Mother's Day show with Stephanie Peters and John Perrotta: Stephanie Peters and John Perrotta will make sure it's a night full of laughter. Peters' outrageous stories and shoot-from-the-hip opinions have made her a favorite with audiences. Comedy Connection Rhode Island, 39 Warren Ave, East Providence 8pm ricomedycconnection.com

Mother's Day at the Museum: Admission is free all day for moms and grandmoms—explore origami and learn techniques to create simple geometric designs, artful designs and cuddly paper animals. Providence Children's Museum, 100 South Street, Providence, 11am-2pm childrensmuseum.org

Vanderbilt Brunch: Nothing says I love and appreciate you like a classy brunch in the Vanderbilt Grace's beautiful hotel garden. A bouquet of flowers will be given to each special guest. 41 Mary Street, Newport gracehotels.com

TUESDAY 13
University of Rhode Island's East Farm Spring Festival: Welcome spring with an open house featuring plant sales, interactive children's activities, demonstrations on gardening and commercial fishing, and walking tours of the University's agricultural experiment station. East Farm 1 East Farm Road, Kingston 10am-2pm uri.edu